

## Guide to Dental Crowns and Bridges

by EVOQ Digital Dental Solutions

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### Introduction

When it comes to restoring smiles and improving oral health, dental **crowns and bridges** are two of the most trusted solutions in modern dentistry. Whether you're dealing with a damaged tooth or missing teeth, these prosthetic devices offer both functionality and aesthetic appeal.

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### What Are Dental Crowns?

Dental crowns are custom-made caps placed over a damaged or weakened tooth. They are designed to restore the tooth's shape, size, strength, and appearance. Crowns can be made from various materials, including porcelain, ceramic, and metal, depending on the patient's needs.

#### Common Uses for Crowns:

- Protecting a weak tooth from breaking
  - Restoring an already broken or severely worn-down tooth
  - Covering a dental implant
  - Enhancing the appearance of discolored or misshapen teeth
  - Supporting a tooth with a large filling
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## What Are Dental Bridges?

A dental bridge literally "bridges" the gap created by one or more missing teeth. It consists of one or more artificial teeth (pontics) anchored in place by crowns on adjacent natural teeth or implants.

### Benefits of Dental Bridges:

- Restores your smile and chewing ability
  - Maintains the shape of your face
  - Prevents remaining teeth from shifting out of position
  - Helps distribute bite forces evenly
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### Types of Dental Bridges

1. **Traditional Bridges** - The most common type, involving crowns on either side of the missing tooth.
  2. **Cantilever Bridges** - Used when there are adjacent teeth on only one side of the gap.
  3. **Maryland Bonded Bridges** - Made of porcelain or metal, anchored to the back of adjacent teeth with a metal or ceramic framework.
  4. **Implant-Supported Bridges** - Instead of being supported by crowns, these bridges are anchored using dental implants for added stability.
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### The Procedure: What to Expect

- **Consultation and Examination:** Evaluation of your dental health and discussion of the best treatment options.
  - **Tooth Preparation:** For crowns and bridges, teeth are reshaped and impressions are taken.
  - **Temporary Restoration:** A temporary crown or bridge may be placed while the permanent one is being custom-made.
  - **Final Placement:** The final crown or bridge is cemented into place with adjustments for a comfortable fit and natural look.
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### Aftercare and Maintenance

Proper oral hygiene is essential to prolong the life of your dental **crowns and bridges**. This includes:

- Brushing twice daily and flossing regularly
- Avoiding sticky or hard foods that can damage restorations
- Regular dental check-ups and cleanings

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## **Why Choose EVOQ Digital Dental Solutions?**

At EVOQ Digital Dental Solutions, we combine advanced technology with patient-centric care to deliver high-quality dental restorations. Our skilled team ensures precision, comfort, and lasting results-so you can smile confidently every day.

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**Transform your smile with confidence-trust EVOQ for your restorative dental needs.**